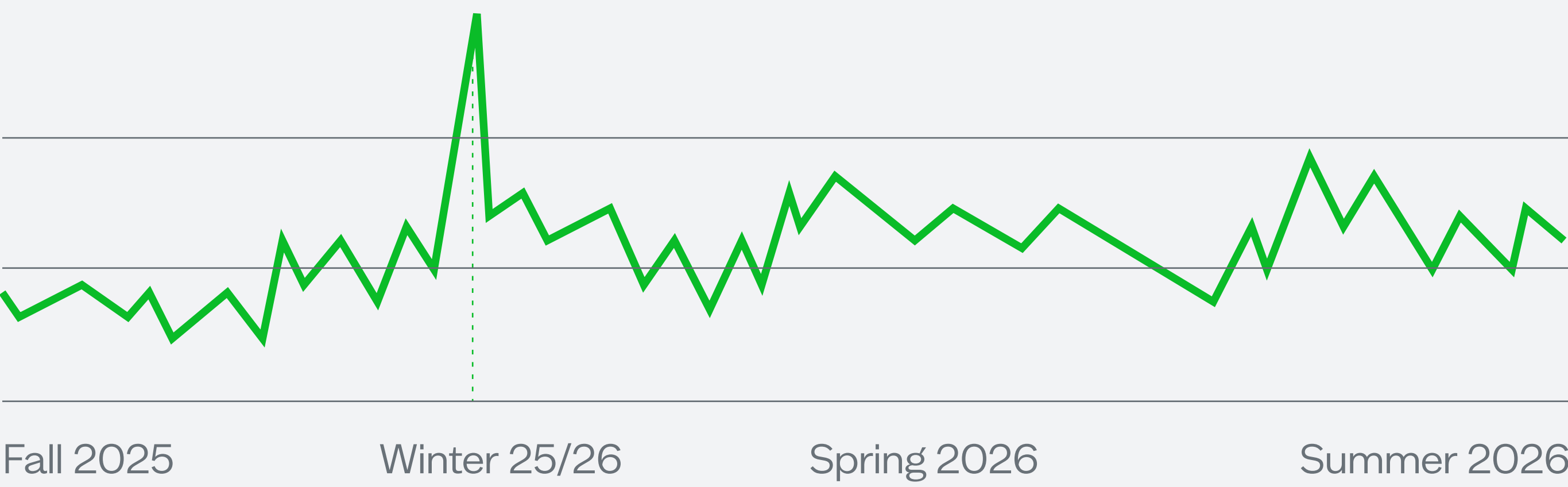


Call-off trends in senior care

Employee call offs happen, but they aren't always random. Explore the days, months and reasons behind the gaps—and use these insights to plan coverage quickly and proactively.

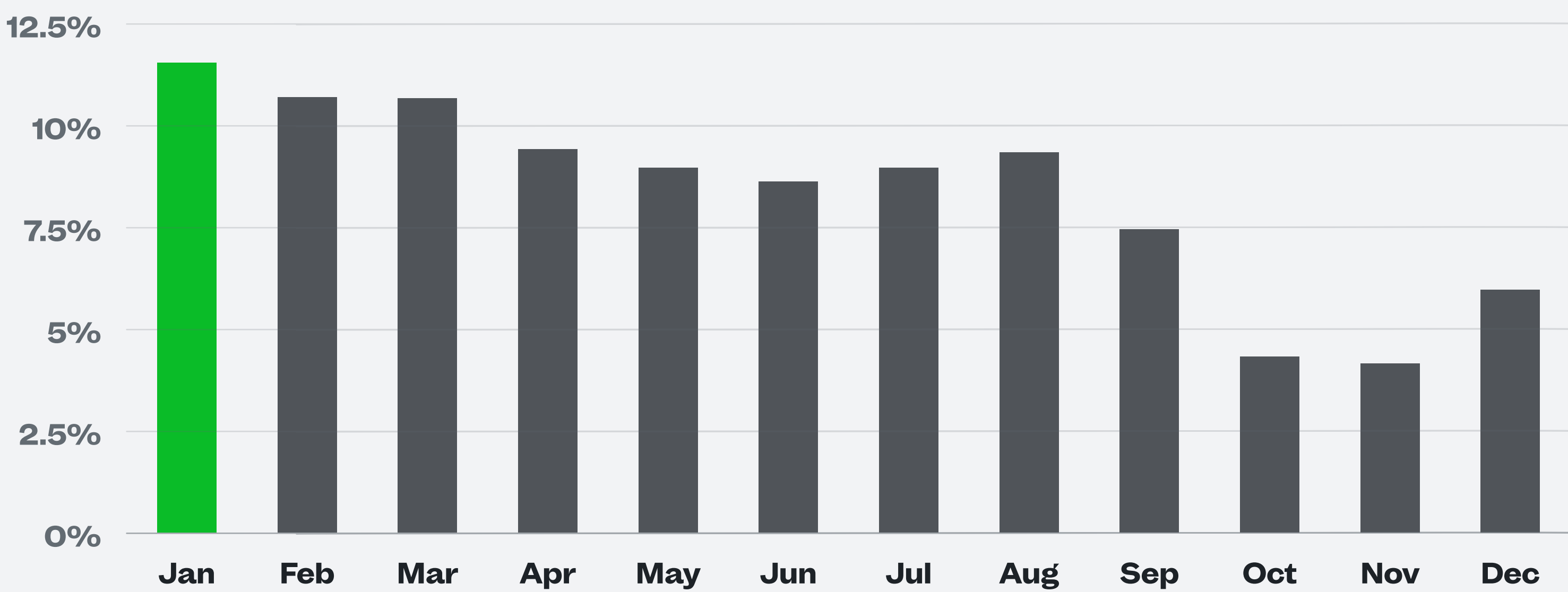


Call-offs by season



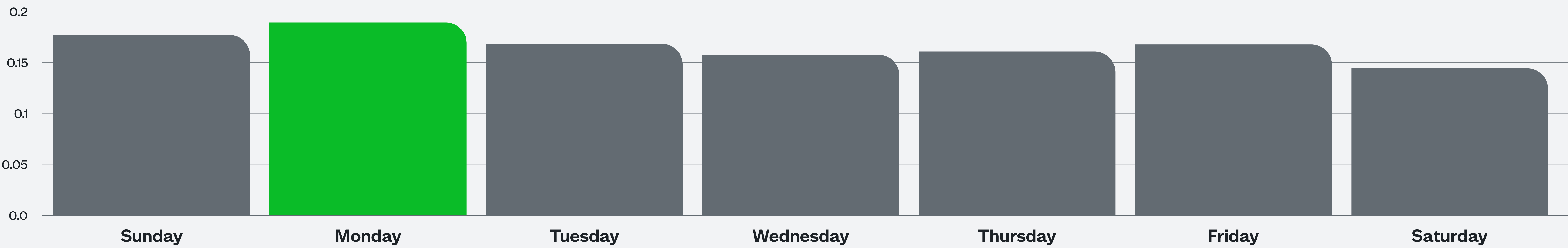
That spike on January 25, 2026, was due to a big winter storm in the Northeast that kept many people snowed in. A coverage plan that's ready to go before the first flake falls makes a snow day a lot less chaotic

Call-offs by month



January has the most call offs, aligning with the flu, COVID and RSV spikes the CDC typically reports during this month. Facilities that line up extra coverage in the fall head into January with fewer gaps to fill.

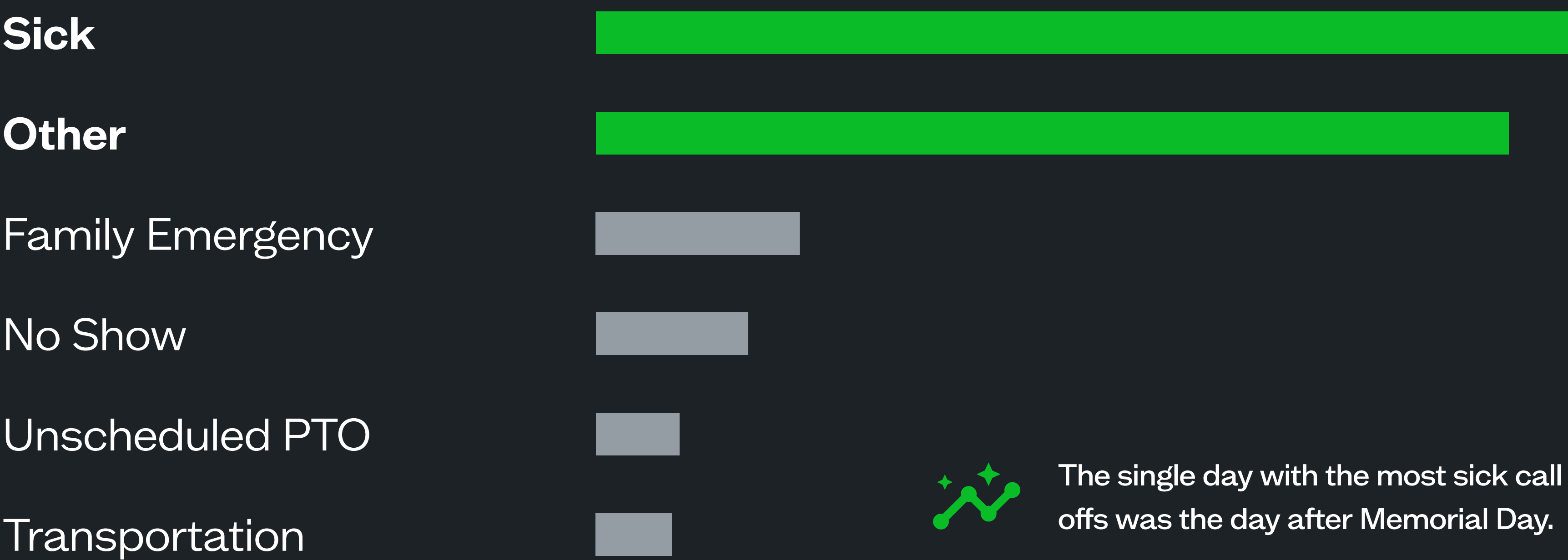
Call-offs by day of the week



An easy-to-activate call-off plan means you can start the week with less stress.

No call/no shows happen most often on **Sunday and around holidays** like Labor Day, Martin Luther King Jr. Day and Independence Day. Flagging these dates on the calendar and planning ahead for last-minute coverage keeps your holidays happy.

Call-offs by reason



The single day with the most sick call offs was the day after Memorial Day.

Call-offs can be unpredictable. Your response shouldn't be.

OnShift and ShiftKey give you the technology you need to respond to call-offs quickly so you can skip the scrambling and ensure continuity of care. Learn more at onshift.com and shiftkey.com.